



2009 Membership Application and Renewal

(Please Print or Type)

- New Membership
- Membership Renewal

First Name: _____ Last Name: _____

Gender: Male Female Date of Birth: _____

Email (please print legibly): _____

Phone (best contact number): _____ Occupation: _____

Address: _____

City: _____ State: _____ Zip: _____

Emergency Contact: _____

Emergency Phone: _____

- | | |
|---|---------|
| <input type="checkbox"/> Individual Membership: | \$30.00 |
| <input type="checkbox"/> Family Membership: | \$50.00 |

Interest: Ride Leader Beginner Intermediate Advanced
 Bike Style: _____ Manufacture: _____

Cycling Level: _____

Family Memberships Only: (children 12-17 years of age)

Spouse Name: _____

Spouse Email: _____

Children's Name(s): _____

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AND PARENTAL CONSENT AGREEMENT ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in Major Momentum Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully understand that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the "Releases" named below; (c) there may be other Risks and social and economic losses either not known to me or not readily foreseeable at the time; and I fully accept and assume all such Risks and all responsibility for losses, costs, and damages I incur as a result of my participation or that of the minor in the Activity.

3. Hereby release, discharge, and covenant not to sue the Club, their respective administrators, directors, agents, officers, members, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "Releases" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of Risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the Releases, I will indemnify, save, and hold harmless each of the Releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect. Further, I agree to wear a helmet and obey all traffic signs, signals and regulations. I also agree to abide by the guidelines presented by the Activity leader.

PARTICIPANT'S SIGNATURE (only if age 18 or over): _____ DATE _____

MINOR RELEASE

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the Minor to be qualified, in good health, and in proper physical condition to participate in such Activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the Releases from all liability, claims, demands, losses, or damages on the Minor's account caused or alleged to be caused in whole or in part by the negligence of the Releases or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the Minor, or anyone on the Minor's behalf makes a claim against any of the Releases named above, I will indemnify, save, and hold harmless each of the Releases from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18) _____

PARENT/GUARDIAN PHONE # _____ DATE _____

P.O. BOX 281816
Nashville, Tennessee 37228